



More Than A Meal Café

July 2021

The Rock Mission Center: 1019 E. Wall St
Eagle River, WI 54521

Meals sponsored by the ADRC of Vilas County

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Brat on a Bun Steamed Onions Ketchup Potato Salad Baked Beans Angel Food Cake with Fresh Berries Independence Day Celebration	2 Chili Cheddar Cheese Crackers Whole Kernel Corn Rye Bread Mandarin Oranges Cookie
5 Closed for Independence Day Holiday	6 Herb Baked Fish Tartar Sauce Parsley Buttered Potatoes Pea, Cheese, & Onion Salad Sourdough Bread Pineapple	7 Tuscan Bean Soup Egg Salad Sandwich on Marble Rye Romaine Leaf & Tomato Mayo Grape Juice Peach Crisp July Birthdays	8 Spaghetti & Meat Sauce Broccoli Garlic Breadstick Diced Pears Rhubarb Cake	9 Beef Chop Suey Whole Grain Rice Oriental Blend Veggies Egg Roll Sweet & Sour Sauce Mandarin Oranges Cookie
12 Crab Pasta Salad over Romaine Tomato Wedges Dinner Roll Peaches Lemon Bar	13 Hamburger on a Bun Grilled Onions Ketchup Tomato & Cucumber Salad Calico Beans Craisin Cookie	14 Beef Stroganoff Mashed Potatoes Broccoli Salad Whole Wheat Bread Strawberries Angel Food Cake	15 Chicken Breast Mushroom & Bacon Sauce Diced Seasoned Potatoes Country Trio Veggie Blend Biscuit Honey Bee Ambrosia	16 Roast Pork Au Gratin Potatoes Steamed Red Cabbage Rye Bread Cinnamon Applesauce
19 Creamy Chicken Vegetable Casserole Broccoli Oat Bran Bread Mixed Fruit Carrot Cake	20 Boneless BBQ Pork Rib Scalloped Potatoes Whole Kernel Corn Mini Muffin Grapes	21 Hot Dog on a Bun Steamed Onions Ketchup Calico Beans Key West Veggie Blend Craisin Cookie National Hot Dog Day	22 Roast Beef & Gravy Mashed Potatoes Brussels Sprouts Whole Wheat Bread Pumpkin Bar	23 Paprika Baked Chicken Baked Sweet Potato Peas Raisin Bread Vanilla Yogurt & Berries
26 Sloppy Joe On a Bun Roasted Potatoes Baked Beans Grape Salad	27 Loaded Chicken, Broccoli, Potato Cheddar Soup Mandarin Oranges Strawberries Cookie Dinner Roll	28 Ham & Scalloped Potato Casserole Pacific Blend Veggies Whole Wheat Roll Banana Cream Pie Bar	29 Stuffed Green Pepper Casserole Carrots Raisin Bread Spice Cake	30 Lemon Pepper Fish Baby Red Potatoes Peas Rye Bread Creamy Fruit Salad

Lighter Substitute available in place of Main Entrée: Grilled Chicken Salad

Reservations or cancellations MUST be made 24 HOURS in advance

Call **Jennie Johnson (715) 891-1221** to reserve or cancel a meal.

Meals served Monday through Friday at noon.